








Plastic Recycling Cheat Sheet – courtesy of GreenLivingTips.com

Resin Number	Abbreviation and full name	Place in recycle bin?	Some common applications	Other recycling actions
	PETE Polyethylene Terephthalate	YES / NO	soda bottles, water bottles , food packaging	
	HDPE High density Polyethylene	YES / NO	Detergents, bleach, milk, motor oil bottles	
	PVC Polyvinyl Chloride	YES / NO	Plastic piping, toys, furnishings	
	LDPE Low-density Polyethylene	YES / NO	Plastic wrap, grocery bags sandwich bags	
	PP Polypropylene	YES / NO	Clothing, bottles, tubs, rope	
	PS Polystyrene (Styrofoam)	YES / NO	Cups, foam food trays, packing peanuts	
	Other	YES / NO	Various applications.	
For more information on recycling and earth friendly living, visit www.greenlivingtips.com				

This cheat sheet can be used in your home or place of business to provide an at-a-glance summary of various plastics, where they are commonly used and if they can be placed in your recycle bin.

Generally speaking, plastics using resin numbers 1 and 2 can be placed in your kerbside bin, however different authorities have varying rules about the other resin numbers; so you should contact your local recycling/waste management authority for guidelines before marking the "yes" or "no" options next to the other resin codes.

For plastics not able to be placed in your recycling bin, you can add information in the "other actions" section to detail alternative arrangements you may have made for recycling these items or instructions for disposal.

For maximum visibility and convenience, cut out the cheat sheet above and place it close to where your garbage or recycling bins are, on the bin itself or in places such as staff kitchen areas. If you have no way of recycling plastics that you can't place in your recycling bin, you may just wish to cut out the first 3 columns.

I hope you find this cheat sheet of value; please feel free to send or print out a copy for your friends, colleagues and family and don't forget, GreenLivingTips.com has hundreds of articles packed with useful tips to help you green your home and business!

Good luck in your recycling efforts,

Michael B.

Michael Bloch

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